



LHMC ALUMNI ASSOCIATION

LADY HARDINGE MEDICAL COLLEGE, NEW DELH I-110001
www.lhmcaa.org email: secretary.lhmc.alumni@gmail.com

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Dr. Anita Nangia

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Dr. Madhu Ahluwalia

President's Message

On behalf of the Lady Hardinge Medical College and as President of the Alumni Association, I welcome all of you to our alumni get together.

It gives me immense pleasure to continue everlasting ties with you after a gap of almost two years due to the unsettling Covid times. Every year we come back to our Alma mater and meet with the same love, warmth, and happiness to etch beautiful memories in our hearts.

This is a much-awaited event that takes us down the memory lane when we were students. It is always a pleasure to see the smiles and laughter all around with the union of old friends and teachers. It is indeed heartwarming to see overwhelmed senior members, referring these meets as 'homecoming' with tears in their eyes.

The world is getting more complicated with every passing day. We get involved with our families and career and suddenly we realize that we've lost touch with those outside our close circle. The Alumni Association can help you stay connected to those friends and teachers.

This year we have with us the Golden Jubilee batches of 1970 and 1971 graduates and the Silver Jubilee graduates of 1995 and 1996. The meet is being done on two days 18th & 19th of December 2021 as no activity could be done in 2020 due to the pandemic.

Our alumni, with their passion and willingness to serve, have provided selfless excellent health care during the COVID-19 pandemic. The Alumni association also tried to contribute in its capacity. We donated a Biosafety cabinet to Department of Microbiology and a High flow nasal Oxygen ventilator to Department of Anesthesia during Covid crisis. We also started an ambulance service for the covid patients. The scholarships for needy students given by the association continued throughout. The amount has been increased to 2500/- from January 2019.

Since all exams and admissions were delayed, we will give the Medals and Prizes to meritorious students this year.

In 2021 the scholarships have increased to eight. The awards and medals for deserving students will also be given this year. The white coat ceremony, an initiative by LHMCAANA for 2020 admission batch was held on 8th October once the students started attending college physically.

All office bearers are professionally dedicated committed faculty members of LH who look after the work of association voluntarily, with no personal gains. The term is usually 2 years. This year few changes are going to occur. You will see fresh faces from now on. I welcome the new office bearers and promise my wholehearted support in any form, to the best of my ability. I thank the present team of office bearers for their dedication and support in keeping the morals and ethics of our association up to the mark, and carrying out the association activities sincerely.

This last two year the COVID took away many of our near and dear ones. In the LH fraternity we lost many members due to Covid (Some non covid) namely Dr Swarna Bharadwaj, Dr Santosh Chawla, Dr Kusum Sahgal, Dr Padma Dua, Dr Sudershan Kumari, Dr Rita Sood, Dr Manorma Saini, Dr Monisha Choudhary, Dr. Bina Ahuja, Dr Padmavati, Dr, Madhu Rana . The



Dr. Sneh Agarwal
Dr. Swaraj Garg
Dr. Suvira Gupta
Dr. Veena Doda
Dr. Sangeeta Pahuja
Dr. Preeti Chauhan

Presidents Students Union

Secretary Students Union

Website Committee

Dr. Anju Jain
Dr. Anita Nangia
Dr. Usha Saha

Scholarship Committee

Dr. Anita Nangia
Dr. Preeti Varshney
Dr. Radhika Agarwala
Dr. Usha Saha

Medals Committee

Dr. Anju Jain
Dr. Anita Nangia
Dr. Preeti Varshney
Dr. Usha Saha

Mementoes Committee

Dr. Anju Jain
Dr. Anita Nangia
Dr. Preeti Varshney

Catering Committee

Dr. Anju Jain
Dr. Anita Nangia
Dr. Usha Saha

Reception Committee

Dr. Asha Gandhi
Dr. Shashi Raheja
Dr. Radhika Agarwala
Dr. Usha Saha

alumni association offers heartfelt condolences to their families and loved ones. We pray for Sadgati for all departed souls.

As graduates of LHMC, you are our prized possession and valued ambassadors and we urge for your continued association with us. You are an integral part of the LHMC legacy, present achievements and future hopes. We must find a way to give back to our Alma Mater today and for the future by staying in touch at least through social media.

Do stay Connected by updating your contact information and your current email at our website. Share your stories and your ideas to improve our Alumni Association.

So, I thank you all for attending the event today. Please come back often.

Goodbye, Merry Christmas and a very happy New Year 2022.

With warmest regards

Dr Anju Jain

Director Professor of Biochemistry

Lady Hardinge Medical College & Associated Hospitals

Head of Biochemistry, FMS (Delhi University)

President Association of Medical Biochemists of India

Editor- in -Chief Indian journal of Medical Biochemistry

President Alumni Association of LHMC

Contact: 09811519290

Email: dranujain57 @ gmail.com

Vice President's Message

It has been my honour and privilege to be an office bearer of the LHMC Alumni Association for the past several years. It has also been fun, reliving the thrill as each batch gets together on their 25th and 50th year reunions.

Being a part of the alumni, keeps us informed and in touch with our seniors, our batchmates and our juniors. It gives us hope and joy as we watch colleagues succeed in Life and friends eager to get together to relive the past.

It also allows those wanting to give back to the institution an opportunity to identify persons worthy of appreciation and requiring help whether as a mentor or financially.

All the office bearers hold office on a voluntary basis, giving their time and effort solely to propagate the ideals of the alumni.

I am once again looking forward to meeting my seniors and teachers (golden jubilee batch's) and the younger generation (silver jubilee batch's).

Let's all put our best efforts to make this year's function an occasion to remember, and to celebrate in joy and mirth and build new memories.

Dr Radhika Agarwala

Director Professor (Anaesthesiology) &

Vice President LHMC Alumni Association



Secretary's Message

Dear Hardonians,

Greetings to you all!!

It is that Glorious time of year again.... our Annual day event 2021! The LHMCAA Office bearers and members of the Executive are involved as teachers, mentors and guides to our undergraduates.

The new website has been functioning well under the management of ALMASHINES, a new startup by IIT Kharagpur alumni, since year 2016. It uses indigenous servers and has greatly eased the process of online membership payments, updating of user -information, registration for attending annual event and lunch. We hope you continue to use this platform more and more. We encourage you to post upcoming workshops, seminars, job and internship opportunities being organized by you and available with you to the portal directly or send to secretary so that other alumni and students can benefit from the information. Please use this platform to update achievements of self and fellow Hardonians.

The year 2020 saw the entire medical fraternity unite to fight the COVID 19 Pandemic. The LHMCAA took active part in supporting the Institution in these grave times by starting an ambulance service for patients, to-and-fro between Hospital and home. The service was provided free of cost to the patients. The Association also funded the urgent purchase of a Biosafety cabinet for Department of Microbiology, which was at forefront of COVID 19 testing.

The Association has become an active part of MEDICUS CONVENTUS, the National Medical Conference, organized by Medical society of LHMC Students annually since 2017. In the year 2019, the conference was organized between 29/03/19 – 31/03/19 and saw a participation of almost 300 medical students from all over the country. The conference included skill workshops, panel discussions on career decisions, mental health and medical ethics under the title “FOSTERING SKILLS IN MEDICINE”. The 4th edition of the conference was scheduled for 27-29/3/2020 but could not be organised due to COVID 19 Pandemic.

The Student’s literary society “Hardinge Chronicles” organized an online talk show on 28th August 2021 with the LHMC Alumni Association including current and past office bearers to know the history of the association and college. The two-hour session saw great interaction of office bearers with students and each other and answered student queries. The you tube link for same is <https://youtube.com/c/HardingeChronicles>

The Student’s Union reached out to the LHMCAA for support for College festival “COBWEB” in September 2021 and were helped with a sum of Rs 25100/- towards awards for academic events.

A new HP Laptop was bought for the official use in September 2021 at a cost of Rs 74999/-. It is a great boon for expediting our work and digitalization of alumni records.

LHMC office bearers participated as judges for Creative Arts Competition held under the Mental Health Day Celebrations on World Mental Health Day on 10th October 2021, organized by the Department of Psychiatry, LHMC, New Delhi. The theme was ‘Mental Health in an Unequal World’. The competition was held online and included entries in photography and poster session and saw an enthusiastic participation. The entries were a credit to the amazing creative potential and the perceptive thinking in our young students.

The White coat ceremony for the undergraduates was initiated in collaboration with LHMCAA North America in 2015 and was held on 09/10/21. The ceremony is a welcome to the fresh undergraduates with



provision of the most important and visible symbol of Medicine, the white coat. It is a constant reminder of the pledge each one of us takes at joining the medical profession to always place patient care above all, even self and family.... with great power comes great responsibility!! The White Coat ceremony has now been made the part of new student orientation. The event was conducted in presence of our President Dr Anju Jain, in addition to all office bearers. The Director, Dr. Ramchander and the Vice Principal, Dr. Atul Goel, LHMC were the Chief guest and the Guest of honor, respectively at the function. The new students were introduced to the Alumni Association, its goals, achievements, activities and the current Executive and administered the "professional pledge". Many Head of Departments, Additional Medical Superintendent and Faculty members joined us in welcoming the students.

The children of Primary school at LHMC is supported through monthly contributions of Rs 2500/- by the LHMCAA. The Association promised full support and help to the teachers and staff in their endeavors.

Our coffers were generously contributed for by Dr Krishna Garg donated Rs 1,10,000/- towards PG medal in Radiology, Dr Krishna Garg also donated Rs 1,50,000/- for scholarship, Dr Amita Rawal who contributed Rs 55000/- towards UG medal in Medicine, Dr. Shanta Bhargava donated Rs 55,000/- towards new UG medal in Microbiology, Dr Anjali Arora contributed Rs 55000/- towards continuation of Dr Pushpa Madan medal and Dr Anju Jain donated 1,50,000/- towards scholarship in Biochemistry.

The undergraduate and postgraduate medals are being revised and revamped. Currently, a cash prize of Rs 5000/- for UG and Rs 10000/- for PG is awarded along with the medal and certificate. However, certain medals started a long time ago have not been upgraded by the donors and will be put up for donations to other donors on the annual day

The LHMCAA thanks ALL our donors for their generosity. All those contributing greater than /equal to Rs One lakh will be felicitated at Annual day on 18-19/12/2021.

This year the Annual Meet is being organized over 2 days at S.J Auditorium, LHMC, New Delhi on 18th December 2021(S J 1995 Final year pass out, G J 1970 final year pass out) and 19th December 2021 (S J 1996 final year pass out, G J 1971 final year pass out). I welcome and invite all Hardonians to join us along with the Silver and Golden Jubilee members for this event.

Through the medium of this newsletter, I thank our Patron Director, Dr. Ram Chander and all executive and office bearers for all their inputs, efforts and support. If you have any views on working of LHMCAA, I will be too pleased to receive them. You may send them to me at secretary.lhmc.alumni@gmail.com. I look forward to your active participation.

Best wishes and Regards,

Dr. Anita Nangia

Secretary LHMC Alumni Association

Director Professor, Department of Pathology

Ph: 8800654679

E-mail id: secretary.lhmc.alumni@gmail.com, dranangia@gmail.com

Treasurer's Message



Dear Members,

Greetings!

I assumed the charge of Treasurer of LHMCA alumni Association in 2018 and it's an honour to work for our alma mater. Last two years have been difficult time for each and every one of us due to Covid pandemic. The association has tried to help the society in every possible way. The HFNO machine was donated in ICU to provide high flow nasal oxygen to the covid patients. Biosafety cabinet was donated to the department of microbiology to ensure safety of HCW while performing covid tests.

Our association is also committed to the students and encourages them by awarding medals and prizes for their exemplary performances. Scholarships are provided to the needy and meritorious students from the alumni fund and the donations made to the association. The fund from LHMCA alumni association is also used timely to help the students in academic and social festivals.

It is so exciting and refreshing to remember our MBBS days in LHMCA. Next time, when you become nostalgic while remembering the old days, also think of your contribution towards the alma mater. I request you all to come forward and encourage other fellow Hardonians to join the association and extend your valuable contribution.

Best Wishes.

Dr Preeti G Varshney
Associate Professor
Department of Anaesthesiology
LHMCA and associated hospitals.
Ph:9999353519

Joint Secretary's message



Dear Fellow Alumni!

It's a great feeling to connect to all my dear Hardonions! As a joint secretary of LHMC Alumni Association I feel proud and privileged to be one of the members organizing the Annual meet. I have never been the organizing leader of my batch, but if I am here, it is meant to be. I am so excited to meet my respected seniors, both Golden and Silver jubilee batch. I am sure, like me, the above batches must be planning and preparing with all gusto and enthusiasm and looking forward to 18th and 19th December. The Hardinge campus has a time travel machine in which all of us are immediately transported to our own times as undergraduates. I welcome you all to the magical transformation of back to college with your friends for life, your batchmates. Wishing you all good health, success and prosperity in life. Let's meet again!

Love from Hardinge!

Smita Tripathi nee Kumar
Professor, Department of Biochemistry
Joint Secretary LH Alumni Association

Events Highlights on Annual Function LHMC Alumni Association

Date: 18th Dec 2021

Celebration of Golden Jubilee Batch 1970 and Silver Jubilee Batch 1995

Venue: Swarn Jayanti Auditorium, LHMC, New Delhi-110001

9:30 AM onwards	Registration
10-10:50 AM	Welcome by President, Director's Address, Secretary's report, Treasurer 's report
10:50-11.15 AM	Awards and Donor felicitation
11:15- 12:00 PM	Golden Jubilee felicitation
12:00 AM- 12.15 PM	GBM
12:15-1:00 PM	Silver Jubilee felicitation
1:00-1:15 PM	Vote of thanks
1:15-1:30 PM	Cultural Programme by Silver Jubilee Batch
1:30-2:30 PM	Lunch

Golden Jubilee Batch includes those who passed Final MBBS in 1970. They may contact:
Dr. Anju Jain, Ph: 9811519290, email id: dranjujain57@gmail.com

Silver Jubilee Batch includes those who passed Final MBBS in 1995. They may contact:
Dr Sangeeta Pahuja, Ph:9818359888, email id: sangeeta.pahuja.s@gmail.com

Events Highlights on Annual Function LHMC Alumni Association

Date: 19th Dec 2021

Celebration of Golden Jubilee Batch 1971 and Silver Jubilee Batch 1996

Venue: Swarn Jayanti Auditorium, LHMC, New Delhi-110001

9:30 AM onwards	Registration
10-10:50 AM	Welcome by President, Director's Address, Secretary's report, Treasurer 's report
10:50-11.15 AM	Awards and Donor felicitation
11:15-12:00 PM	Golden Jubilee felicitation
12:00 AM- 12.15 PM	GBM
12:15-1:00 PM	Silver Jubilee felicitation
1:00-1:15 PM	Vote of thanks
1:15-1:30 PM	Cultural Programme by Silver Jubilee Batch
1:30-2:30 PM	Lunch

Golden Jubilee Batch includes those who passed Final MBBS in 1971. They may contact:
Dr. Usha Saha, Ph: 9810982588, email id: usha_shivsaha@yahoo.com

Silver Jubilee Batch includes those who passed Final MBBS in 1996. They may contact:
Dr Anita Nangia, Ph 8800654679, email: dranangia@gmail.com

All Hardonians must become life members of the Alumni Association. All felicitations of the Golden and Silver jubilee batches must be Life Members of the Alumni Association. Only Life Members of the LHMC Alumni Association will be felicitated.

We would like to adhere to the schedule, please aid us in that.

Lunch registration fee for Single: Rs. 700/- per person. Couple: Rs. 1300/-

As decided in the last Year GBM the newsletter will be posted to all the alumni association members till the passing year of 1980. The members who have passed out later then this year will be give information through through e-mail. Kindly update your mail as early as possible.

The registration for upcoming event can be done on lhmca.org >> Reunion 21 on home page. Many souveneirs are being offered and can be booked and paid online at the website and collected on site(venue Annual day) after showing receipt.

Life Membership of Alumni Association

Life Membership fee is Rs. 10000/- (please give all details along with 2Passport size photographs). The membership form may be downloaded from the website. Cheque may be sent in favour of "LHMC Alumni Association" LHMC Alumni

Association acknowledges the Final MBBS Exam Year as the year for Felicitation (not the year of internship).

For RTGS,

MICR-110016067

IFSC-CBIN0283462

Account no-1210469078, Central Bank of India, LHMC Branch

Please send the duly filled form to our treasurer Dr Preeti Varshney / Dr. Anita Nangia or Scan the completed form & email to secretary.lhmc.alumni@gmail.com

Activities of Alumni association in 2019

Alumni provides mid-day snacks to students of Primary school attached to LHMC.

Alumni participated in "Medicus conventus" Organized by LHMC under graduate students from 29/3/19-31/3/19

Alumni held the White Coat ceremony for new undergraduates on 16/8/19.

Alumni participated in Children Day festivities of the Primary school on 14/11/18.

Alumni association also organizes CME and awareness programmes on medical/social issues.

Donation for Scholarships/Awards

Scholarships can be started in the name of Donor.

Requires a Scholarship donation form, Undertaking duly signed and Cheque Payable to LHMC Alumni Association

Donor is advised to go through the forms, criteria for merit cum means selection in scholarship section of website

(www.lhmca.org) to understand the procedure.

Office bearers of Alumni may be contacted for further assistance

LHMC Alumni Association gives awards & medals to meritorious students. Donations are accepted as

Rs. 55,000/- for one medal for undergraduate for 8 years.

Rs.1,10,000/- for one medal for postgraduate for 8 years.

Rs.1,50,000/- @ Rs. 2500/- per month for scholarship

List of awards given by the Association each year.

1. Dr. Mohinder Nath Memorial Medal for Best Graduate Surgery.
2. Smt. Leelawati Rajor Medal for Best Graduate Surgery Practical.
3. Dr. Praveena Sachdeva Medal for Best Graduate O&G.
4. Shanti Devi & Balakrishan Memorial Medal for Best Graduate PSM.
5. Sardar Mukand Singh Memorial Medal for Best Graduate Medicine.
6. Dr. Shakuntala Sabharwal & Dr Rajinder Nath memorial prize for Best Student in O&G Practical.
7. Dr. Krishan Sohan Singh Memorial Medal for Best Graduate.
8. North American Alumni Association Medal for Best Graduate in ENT.
9. Sh. Pran Nath & Smt Shanti Devi Sharma Medal for Best Graduate in Ophthalmology.
10. Taneja Foundation Award for Best Graduate in Microbiology.
11. Mrs. Kamala Bajaj Prize for Best graduate in Pathology.
12. Dr. Sumedha Khanna Award for best graduate in Anatomy.
13. Dr. Arun Asha Kalra for best undergraduate in pharmacology
14. Shanta Kanta & Nalin Bhargava Award for Best PG in Microbiology
15. Professor Dr. Suneeta Mittal Medal for Best PG in O&G
16. Prof.(Dr) Pushpa Madan memorial Medal for best Post Graduate All Rounder student in Obs and Gynae
17. Shri Mohan Lal Grover Memorial Medal for best Undergraduate in Physiology.
18. Smt. Eileen Chaube Majumdar Award for final MBBS Topper.
19. Dr. Renu Chhokra nee Kukreja medal for best PG in Anaesthesiology.
20. Dr. Shanti Talwar Medal for best graduate in Paediatrics and surgery combined.
21. Dr. Arun Goel Medal for best PG in Orthopaedics.
22. Sh. P.C. Srivastava Memorial award for best Resident in Neonatology.
23. Dr. C.M. Kapasi award for best PG in Community Medicine.
24. Dr. Usha Luthra award for best PG in Pathology.
25. Dr. Asha Marie Tobin medal for best Senior Resident in Community Medicine.
26. Dr. Anju Jain Medal for Best Under Graduate in Biochemistry.
27. Dr Shanta Bhargav Medal for proficiency in Microbiology.
28. Shri Satya Paul Sabherwal Award to Alumni for contribution towards LHMC Alumni Association.
29. Dr D. P. Garg Medal for Best Postgraduate in Radiology.
30. Smt. Satya and Sh. Yogendra Bhardwaj Medal for Proficiency in Medicine.

New Scholarships started August 2017-Dec 2021 @ Rs.1500/- per month

1. 1966 Batch 3 Lakhs running scholarship
2. 1966 Batch 1 Lakh for one student
3. 1965 Batch 1 Lakh for one student
4. Dr. Sudesh Kataria 1 Lakh for one student

New Scholarships started August 2018-Dec 2022 @ 1500/- per month

1. Dr. Nirmal Aggarwal Scholarship
2. S. Chablani Scholarship
3. 1992 Batch Scholarship
4. Smt. Champa Devi Mittal Scholarship

New Donation in 2019-2021

1. Dr Krishna Garg donated Rs 1,10,000/- towards PG medal in Radiology
2. Dr Krishna Garg donated Rs 1,50,000/- for scholarship.
3. Dr Amita Rawal who contributed Rs 55000/- towards UG medal in Medicine
4. Dr. Shanta Bhargava donated Rs 55,000/- towards new UG medal in Microbiology
5. Dr Anjali Arora contributed Rs 55000/- towards continuation of Dr Pushpa Madan medal
6. Dr Anju Jain donated 1,50,000/- for scholarship

LHMC Alumni Association website is available at www.lhmcaa.org with all information pertaining to LHMC Alumni association. Please do visit the site.

All correspondences can be made to secretary.lhmc.alumni@gmail.com